



# NAUGATUCK VALLEY COUNCIL of GOVERNMENTS

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## MINUTES

### Naugatuck Valley Council of Governments and

### Central Naugatuck Valley MPO

NVCOG Conference Room  
49 Leavenworth St., 3<sup>rd</sup> Floor  
Waterbury, CT  
10 a.m., Friday, June 8, 2018

**NVCOG Representatives:** Sheila O'Malley, Alternate, Ansonia; Chris Bielik, First Selectman, Beacon Falls; Len Assard, First Selectman, Bethlehem; Ellen Zoppo-Sassu, Mayor, Bristol; Rich Dziekan, Mayor, Derby; Ed St. John, First Selectman, Middlebury; Pete Hess, Mayor, Naugatuck; Kristyn Rosa, Proxy, Oxford; David Merchant, Mayor, Plymouth; Bob Chatfield, Mayor, Prospect; Mark Lauretti, Mayor, Shelton; John Monteleone, Alternate, Southbury; Ed Mone, First Selectman, Thomaston; Judy Mancini, Proxy, Waterbury; Tom Dunn, Mayor, Wolcott.

**Speakers/Guests/Other:** Manoj Wadhvani, Samantha Manns, Saisystems International; Sara Radacsi, CTDOT; David Krechevsky, Waterbury Regional Chamber; Mack Demac, City of Waterbury; April Chapman, Kennedy Center; Samantha Sojka, Eversource; members of the public.

**Staff:** Rick Dunne, Mark Nielsen, Aaron Budris, Joanna Rogalski, Trish Bauer, Lauren Rizzo, Christian Meyer, John DiCarlo, Max Tanguay-Colucci, Karen Svetz, Ben Muller, Michael Szpryngel, Zach Guarino, Richard Crowther, Amanda Arroyo, Megan Rice.

Prior to the start of the meeting, there was a presentation on the Community Embedded Chronic Care Program by Manoj Wadhvani, President of Saisystems International.

#### 1. **Commencement of Meeting (Pledge of Allegiance, Roll Call, Public Comment)**

Treasurer Pete Hess called the meeting to order at 10:02 a.m. Those in attendance recited the Pledge of Allegiance and the roll was called. There was no public comment.

#### 2. **CNVMPPO Activities** (*Voting members for these items are limited to the 15 CEOs in the CNVMPO area*)

- a. *TIP Performance Measures Discussion Paper – Amendment to TIP Narrative to Add Discussion of Performance Targets* – Mark Nielsen explained that this proposed amendment to the CNVMPO FFY 2018-2021 Transportation Improvement Program will amend the narrative portion of the document to include a discussion of how CTDOT, NVCOG (as the federally designated transportation planning agency for the Central Naugatuck Valley MPO), and other appropriate providers of public transportation will use performance measures and the anticipated effect of the STIP/TIP toward achieving the adopted performance targets, as required by FHWA 23 CFR Parts 450 and 771 and FTA 49 CFR Part 613, published on May 27, 2016. The inclusion of the discussion is mandated by recently published federal Metropolitan Transportation Planning rules. Target performance areas include: highway safety, transit, pavement, system reliability, freight movement, and air quality. On a motion by Bob Chatfield, seconded by Chris Bielik, it was unanimously

VOTED: To approve CNVMPO Resolution 2018-10 amending the CNVMPO FFY 2018-2021 Transportation Improvement Program.

- b. *Endorsement of Targets for Various Performance Measures Established by CTDOT* – Christian Meyer described 10 targets in five performance measure areas (pavement condition measures, bridge condition measures, performance of NHS, freight movement on the interstate system, and CMAQ program measures – on road mobile source emissions). On a motion by Bob Chatfield, seconded by Ed Mone, it was unanimously

VOTED: To approve CNVMPO Resolution 2018-11 endorsing targets for various performance measures established by CTDOT.

- c. *Approval of TIP Amendments*

- i. Project No. 0170-3495: Statewide Transportation Demand Management for the NY-NJ-CT Moderate Non-Attainment Area – Mr. Meyer explained that this amendment is to add Project No. 0170-3495, funding for the statewide transportation demand management for the NY-NJ-CT national ambient air quality standards moderate nonattainment area for the period 7/1/18 through 6/30/19. The project will be funded with 80% federal Congestion Management and Air Quality (CMAQ) funds and 20% state funds. This project replaces Project No. 0170-0345 which expires on 6/30/18. On a motion by Bob Chatfield, seconded by Chris Bielik, it was unanimously

VOTED: To approve CNVMPO Resolution 2018-12.

### 3. **NVCOG Administrative Items**

- a. *Approval of the Minutes of the May 11, 2018 CNVMPO & NVCOG Meeting* – On a motion by Ed Mone, seconded by Tom Dunn, it was unanimously

VOTED: To approve the minutes of the May 11, 2018 CNVMPO and NVCOG meeting.

- b. *Comptroller's Report* – Michael Szpryngel provided a financial update as outlined in Memorandum 06082018-FIN-01. He noted that bank balances and accounting processes are correct. He reviewed progress, next steps, and current operations.
- c. *Director's Report* – Rick Dunne reported that the NVCOG website had been taken from the agency's control (hacked). Staff cannot currently access it, including to take it offline, and there is a question as to whether or not this can be resolved or if a clean back-up copy is available. NVCOG had emailed notice of the website hacking to all NVCOG contacts, and the Waterbury Republican had picked up the story and run it in the newspaper. A completely new website with a .gov domain is a possibility.

Additionally, Mr. Dunne reviewed the formula recommended by the COG directors to OPM. OPM has adopted the formula. Mr. Dunne noted he is not in complete agreement with the formula that had been decided upon.

### 4. **Discussion and Approval of NVCOG FY 2019 Budget per Executive Committee Recommendation**

Mr. Dunne said the Executive Committee met on 6/5/18 to review the recommended budget and amended some of its components. They recommended the approval of the amended budget by the full NVCOG board. Mr. Dunne and Mr. Szpryngel reviewed facets of the budget and answered questions. Ed Mone noted that he was pleased with the way financial reporting is now being handled. He feels it is more understandable. On a motion by Ed Mone, seconded by Tom Dunn, it was unanimously

VOTED: To adopt the NVCOG FY 2019 budget as proposed.

5. **NVCOG Planning/Transportation**

- a. *Exercise of Option to Extend LOTCIP On-Call List Length of Service* – Mark Nielsen explained that third party review is used by NVCOG as part of the LOTCIP program. Two years ago an on-call list of engineering firms had been created to use for this purpose. He noted that the process has been working very well. Eight firms are on the on-call list, and when a project is ready to be reviewed its scope is sent to these firms and they return their bid. The work is awarded to the low bidder. Mr. Nielsen recommends that NVCOG approve the one year extension option that is built into the on-call list. The list will once again be put out to bid following the extension period. On a motion by Bob Chatfield, seconded by Ed Mone, it was unanimously

VOTED: To endorse NVCOG Resolution 2018-17 exercising the option to extend the LOTCIP on-call list length of service.

- b. *Sustainable CT Discussion* – Joanna Rogalski said Sustainable CT is a voluntary municipal certification program. The goal of the program is to promote local municipal actions towards sustainability and to demonstrate a statewide impact. Sustainability is not just environmental, but encompasses the economy, housing, transportation, culture, equity, and public services. This program is sponsored by the Connecticut Conference of Municipalities by way of various funders, and is housed at Eastern Connecticut State University. Towns can work towards certification, with points awarded based on completed actions. Applications for the program are due by the end of August. The City of Bristol is currently working towards certification. Ms. Rogalski introduced Amanda Arroyo, a Sustainable CT Fellow, who has been placed with NVCOG and will be working with Bristol and other municipalities interested in the program.

6. **Approval of Recommended Amendments to Regional Planning Commission (RPC) Operating Procedures**

Ms. Rogalski stated that this item had been tabled at the May meeting. The RPC is a sub-committee of NVCOG that advises on regional planning issues. She reviewed the proposed changes to the RPC as outlined in Memorandum 04062018-RPC-OPREV, and noted that at the May meeting NVCOG members opted not to take action due to concerns that a minority of NVCOG municipalities could make recommendations on behalf of all members. After the May meeting staff reached out to the towns that have vacancies or non-participating appointees. One vacancy has now been filled, and there is confirmed representation for three other towns. However, the June 5 RPC meeting had to be canceled due to the inability to achieve a quorum and low anticipated attendance. Only four RPC members had indicated they would attend the meeting. Taking all this into consideration, Ms. Rogalski asked once again that NVCOG members approve the proposed revisions to the RPC Operating Procedures. She said the revisions would allow for a fluid definition to achieve a quorum. At present, there are 14 RPC members and 8 would constitute a quorum rather than the 10 currently needed.

Rick Dunne reiterated that the RPC is of an advisory nature to make recommendations to the full NVCOG board. Options are to adopt the revised procedures that reduce the requirement for a quorum, or to abolish the RPC and move to a daytime meeting consisting of professional/planning staff from the towns. On a motion by Ed Mone, seconded by Pete Hess, it was unanimously

VOTED: To adopt the proposed changes to the Regional Planning Commission Operating Procedures.

7. **Emergency Management Update**

Ms. Rogalski said the recent major storm event had affected a number of NVCOG municipalities, with Southbury being hit especially hard. According to emergency management directors, nine municipalities had reached out to the town to offer assistance with public works and other matters. She hoped a representative from Southbury could attend the next TTAC meeting to share best practices of how municipal cooperation had helped.

Community Emergency Response Teams (CERT) are planning a training event in the fall.

Equipment or training requests for the Regional Emergency Planning Team (REPT) for Region 5 must be of a regional nature and have a terrorism connection.

The annual statewide exercise will take place on June 16 and 20 and be comprised of a tropical storm scenario of preparation, response, and recovery.

8. **Other**

Rick Dunne said there is a likelihood of cancelation for the July NVCOG meeting, but it is dependent upon any action that might need to be taken.

9. **Adjournment**

At 11:00 a.m., on a motion by Tom Dunn, seconded by Chris Bielik, it was unanimously

VOTED: To adjourn the meeting.

Respectfully submitted by  
Lauren Rizzo  
Administrative Services Coordinator  
for  
Ed Mone  
Secretary



**CENTRAL NAUGATUCK VALLEY  
METROPOLITAN PLANNING ORGANIZATION**

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**RESOLUTION 2018-10**

**AMENDMENT  
FFY 2018-2021 TRANSPORTATION IMPROVEMENT PROGRAM  
CENTRAL NAUGATUCK VALLEY MPO**

**WHEREAS**, the Central Naugatuck Valley MPO is authorized by the *Fixing America's Surface Transportation Act (FAST Act)* and related US Department of Transportation regulations to develop and endorse a transportation improvement program for the Central Naugatuck Valley metropolitan planning area.

**WHEREAS**, the Naugatuck Valley Council of Governments is the designated host agency for the Central Naugatuck Valley MPO and has, in consultation with the Connecticut Department of Transportation, prepared the *FFY 2018-2021 Transportation Improvement Program for the Central Naugatuck Valley Metropolitan Planning Organization*.

**WHEREAS**, Title 23 CFR 450.326(d) stipulates the TIP shall include, to the maximum extent practicable, a description of the anticipated effect of the TIP toward achieving the performance targets identified in the metropolitan transportation plan.

**WHEREAS**, the attached Addendum: Performance-Based Planning and Programming meets the requirements of Title 23 CFR 450.326(d).

**WHEREAS**, the public notification and review of this addendum was consistent with and followed the procedures set forth in the MPO's public involvement guidelines, and the proposed amendments are consistent with the long range transportation plan for the Central Naugatuck Valley planning region.

**NOW, THEREFORE BE IT RESOLVED** that Central Naugatuck Valley MPO approves the amendment of the FFY 2018-2021 TIP to include the Addendum: Performance-Based Planning and Programming.

This resolution shall become effective as of June 8, 2018.

I do hereby certify that the resolution adopted by the Central Naugatuck Valley MPO at a public meeting held on June 8, 2018, at which a quorum was present and that the same is a correct and true transcript from the original thereof.

Ed Mone, Secretary

June 8, 2018

Date



**CENTRAL NAUGATUCK VALLEY  
METROPOLITAN PLANNING ORGANIZATION**

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**RESOLUTION 2018-11**

**ENDORSEMENT**

**TARGETS FOR VARIOUS PERFORMANCE MEASURES ESTABLISHED BY THE  
CONNECTICUT DEPARTMENT OF TRANSPORTATION**

**WHEREAS**, the Central Naugatuck Valley Metropolitan Planning Organization (CNVMPO) has been designated by the Governor of the State Connecticut as the Metropolitan Planning Organization responsible, together with the State, for the comprehensive, continuing, and cooperative transportation planning process for the Central Naugatuck Valley region; and

**WHEREAS**, the National Performance Management Measures final rule (23 CFR Part 490) requires States to set targets for ten performance measures by May 20, 2018, and

**WHEREAS**, the Connecticut Department of Transportation (CTDOT) has established targets for ten performance measures for:

- (1) the "Percentage of pavements of the Interstate System in Good condition,"
- (2) the "Percentage of pavements of the Interstate System in Poor condition,"
- (3) the "Percentage of pavements of the non-Interstate NHS (National Highway System) in Good condition,"
- (4) the "Percentage of pavements of the non-Interstate NHS in Poor condition,"
- (5) the "Percentage of National Highway System Bridges Classified as in Good condition,"
- (6) the "Percentage of National Highway System Bridges Classified as in Poor condition,"
- (7) the "Percent of Person-Miles Traveled on the Interstate that are reliable,"
- (8) the "Percent of person-miles traveled on the non-Interstate NHS that are reliable,"
- (9) the "Truck Travel Time Reliability Index," and
- (10) the "Total Emissions Reduction;" and

**WHEREAS**, the CTDOT coordinated the establishment of these targets with the 8 Metropolitan Planning Organizations (MPOs) in Connecticut at the March 2018 and the May 2018 RPO Coordination meetings to the maximum extent possible, and

**WHEREAS**, the CNVMPO may establish targets by agreeing to plan and program projects that contribute toward the accomplishment of the aforementioned State's targets, or establish its own target within 180 days of the State establishing and reporting its targets,

**NOW THEREFORE, BE IT RESOLVED**, that the MPO Policy Board has agreed to support CTDOT's 2018 targets for the ten performance targets as attached herein, and

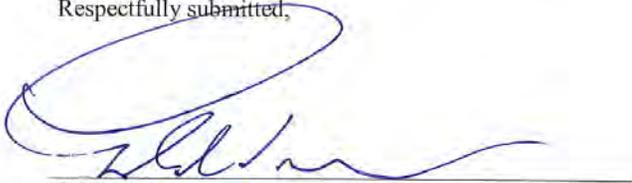
BEACON FALLS • BETHLEHEM • BRISTOL • CHESHIRE • MIDDLEBURY • NAUGATUCK • OXFORD • PLYMOUTH  
PROSPECT • SOUTHBURY • THORNTON • WATERBURY • WATER TOWN • WILCOTT • WOODBURY

**BE IT FURTHER RESOLVED**, that the MPO Policy Board will plan and program projects that contribute to the accomplishment of said targets.

This resolution shall become effective as of June 8, 2018.

I do hereby certify that the resolution adopted by the Central Naugatuck Valley MPO at a public meeting held on June 8, 2018, at which a quorum was present and that the same is a correct and true transcript from the original thereof.

Respectfully submitted,



Ed Mone  
CNV MPO Secretary

6/8/18  
Date



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METROPOLITAN PLANNING ORGANIZATION**

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**RESOLUTION 2018-12**

**AMENDMENT  
FFY 2018-2021 TRANSPORTATION IMPROVEMENT PROGRAM  
CENTRAL NAUGATUCK VALLEY MPO**

**WHEREAS**, the Central Naugatuck Valley MPO is authorized by the *Fixing America's Surface Transportation Act (FAST Act)* and related US Department of Transportation regulations to prepare, endorse, and periodically amend a short range Transportation Improvement Program for the 15-town MPO area within the Waterbury Urbanized Area and is required to maintain a fiscally-constrained program of priority projects.

**WHEREAS**, the CNV MPO endorsed the *FFY 2018-2021 Transportation Improvement Program for the Central Naugatuck Valley Planning Region (TIP)* at its June 9, 2017, meeting; and the US Department of Transportation (Federal Highway Administration and Federal Transit Administration) have approved the *State FFY 2018-2021 Transportation Improvement Program (STIP)*.

**WHEREAS**, the Connecticut Department of Transportation is requesting amendment of the FFY 2018-2021 TIP to allocate Federal Highway Administration, Congestion Management and Air Quality funds for project number 0170-3495, to fund transportation demand management, as outlined in the attached table.

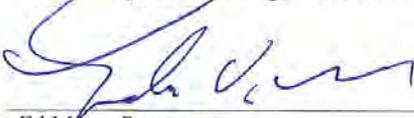
**WHEREAS**, the proposed project is exempt from the regional emissions analysis and does not necessitate a new Air Quality Conformity Determination.

**WHEREAS**, the public notification and review of these amendments was consistent with and followed the procedures set forth in the MPO's public involvement guidelines, and the proposed amendments are consistent with the long range transportation plan for the Central Naugatuck Valley planning region.

**NOW, THEREFORE BE IT RESOLVED** that Central Naugatuck Valley MPO approves the amendment of the FFY 2018-2021 TIP to allocate federal aid funds under the CMAQ as listed and described in the attachment to this resolution.

This resolution shall become effective as of June 8, 2018.

I do hereby certify that the resolution adopted by the Central Naugatuck Valley MPO at a public meeting held on June 8, 2018, at which a quorum was present and that the same is a correct and true transcript from the original thereof.

  
\_\_\_\_\_  
Ed Mone, Secretary

\_\_\_\_\_  
June 8, 2018  
Date



Central Naugatuck Valley MPO  
2018-2021 Transportation Improvement Program

Amendments - FFY 2018-2021 TIP/STIP

Project #:	0170-3495	Town:	Statewide	Route/System:	Various	Region:	75
FY18: Statewide Transportation Demand Management (NY-NJ-CT Moderate Non-Attainment Area)							
FACode:	AQ	Code:	OTH	Year:	2018	Tot\$(000):	\$3,070
CMAQ	X6	Phase:	OTH	Year:	2018	Fed\$(000):	\$2,456
						Sta\$(000):	\$614
						Loc\$(000):	\$0
						Comments:	\$0 New Project
						ChangeCode:	05



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**RESOLUTION 2018-17**

**LOTICIP  
EXTENSION OF ON-CALL CONSULTANT LISTS**

I certify that the following is a true copy of the vote of the Naugatuck Valley Council of Governments at its meeting on June 8, 2018, in Waterbury, Connecticut, at which a quorum was present.

**WHEREAS**, the Naugatuck Valley Council of Governments accepted Resolution 2017-05, creating an on-call list for NVCOG Third Party Design Review and for LOTICIP Design Services (Hereafter "On-Call List").

**WHEREAS**, the length of service for the On-Call List was two years with an option to extend one year.

**WHEREAS**, the Transportation Technical Advisory Committee of the Naugatuck Valley COG unanimously endorsed extending the length of service by one year.

**BE IT RESOLVED**, that the NVCOG endorses the recommendation of the TTAC to extend the length of service, as presented.

Dated at Waterbury, Connecticut, on June 8, 2018, 2018

Agency: Naugatuck Valley Council of Governments

Signed   
Ed Mone, Secretary